

NIC - Il Nuoto in Cifre

RECORD CONTINENTALI VASCA LUNGA - FEMMINILI WOMEN'S CONTINENTAL LONG COURSE RECORDS (In giallo i records del mondo - In yellow the World Records)

50 STILE LIBERO - FREESTYLE - LIBRE

AFRICA	24,62	OSMAN FARIDA	EGY	BUDAPEST	29 July 2017
AMERICA	23,97	MANUEL SIMONE	USA	BUDAPEST	30 July 2017
ASIA	24,03	LIU XIANG	CHN	BEIJING	19 January 2020
EUROPE	23,67	SJÖSTRÖM SARAH	SWE	BUDAPEST	29 July 2017
OCEANIA	23,78	CAMPBELL CATE	AUS	GOLD COAST	07 April 2018

100 STILE LIBERO - FREESTYLE - LIBRE

AFRICA	54,23 26,19	GALLAGHER ERIN	RSA	GOLD COAST	09 April 2018
AMERICA	52,04 24,81	MANUEL SIMONE	USA	GWANGJU	26 July 2019
ASIA	52,27 25,10	HAUGHEY SIOBHAN	HGK	TOKYO	30 July 2021
EUROPE	51,71 24,83	SJÖSTRÖM SARAH	SWE	BUDAPEST	23 July 2017
OCEANIA	51,96 25,08	MCKEON EMMA	AUS	TOKYO	30 July 2021

200 STILE LIBERO - FREESTYLE - LIBRE

AFRICA	1,57,04 27,34-56,72-1,26,86	COVENTRY KIRSTY	RSA	AUSTIN	07 June 2008
AMERICA	1,53,61 27,18-55,38-1,24,35	SCHMITT ALLISON	USA	LONDON	31 July 2012
ASIA	1,53,92 26,77-55,10-1,24,18	HAUGHEY SIOBHAN	HGK	TOKYO	28 July 2021
EUROPE	1,52,98 27,34-55,60-1,24,38	PELLEGRINI FEDERICA	ITA	ROME	29 July 2009
OCEANIA	1,53,09 26,81-55,55-1,24,64	TITMUS ARIARNE	AUS	ADELAIDE	14 June 2021

400 STILE LIBERO - FREESTYLE - LIBRE

AFRICA	4,07,92 29,12-1,00,64-1,32,20-2,04,27-2,35,93-3,07,45-3,38,35	PRINSLOO KARIN	RSA	PERTH	31 January 2014
AMERICA	3,56,46 27,73-57,05-1,26,99-1,57,11-2,27,41-2,57,62-3,27,54	LEDECKY KATHLEEN	USA	RIO DE JANEIRO	07 August 2016
ASIA	4,01,08 28,41-58,71-1,29,45-2,00,37-2,31,17-3,01,48-3,31,61	LI BINGJIE	CHN	TOKYO	26 July 2021
EUROPE	3,59,15 28,45-58,66-1,28,97-1,59,42-2,29,66-2,59,93-3,29,79	PELLEGRINI FEDERICA	ITA	ROME	26 July 2009
OCEANIA	3,56,69 27,88-57,74-1,27,83-1,58,10-2,28,12-2,58,27-3,28,02	TITMUS ARIARNE	AUS	TOKYO	26 July 2021

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RECORD CONTINENTALI VASCA LUNGA - FEMMINILI WOMEN'S CONTINENTAL LONG COURSE RECORDS (In giallo i records del mondo - In yellow the World Records)

800 STILE LIBERO - FREESTYLE - LIBRE

AFRICA	8,25,71	TROTT WENDY	RSA	ROME	16 June 2012
1,01,78-2,05,88-3,09,91-4,13,55-5,16,52-6,19,48-7,22,79					
AMERICA	8,04,79	LEDECKY KATHLEEN	USA	RIO DE JANEIRO	12 August 2016
28,03-57,98-1,28,71-1,59,42-2,30,06-3,00,76-3,31,13-4,01,98-4,32,20-5,02,94-5,33,54-6,04,30-6,35,07-7,05,44-7,35,80					
ASIA	8,14,64	WANG JIANJIAHE	CHN	QINGDAO	30 March 2019
28,47-59,39-1,30,45-2,01,76-2,33,05-3,04,35-3,35,58-4,06,89-4,38,15-5,09,38-5,40,72-6,12,04-6,43,29-7,14,45-7,45,49					
EUROPE	8,14,10	ADLINGTON REBECCA	GBR	BEIJING	16 August 2008
28,67-59,37-1,30,17-2,01,32-2,32,33-3,03,58-3,34,57-4,05,72-4,36,47-5,07,62-5,38,84-6,10,30-6,41,69-7,13,24-7,44,44					
OCEANIA	8,13,83	TITMUS ARIARNE	AUS	TOKYO	31 July 2021
28,44-58,84-1,29,95-2,01,01-2,32,15-3,03,20-3,34,61-4,05,92-4,37,21-5,08,32-5,39,74-6,11,00-6,42,38-7,13,51-7,44,49					

1500 STILE LIBERO - FREESTYLE - LIBRE

AFRICA	16,05,63	TROTT WENDY	RSA	SHANGHAI	25 July 2011
30,07-1,02,11-1,34,57-2,06,86-2,39,40-3,11,87-3,44,56-4,17,04-4,49,53-5,21,84-5,54,25-6,26,59-6,58,90-7,31,26-8,03,45-8,35,64-9,07,79-9,39,90-10,12,04-10,44,19-11,16,27-11,48,46-12,20,64-12,52,91-13,25,22-13,57,60-14,29,91-15,02,40-15,34,82					
AMERICA	15,20,48	LEDECKY KATHLEEN	USA	INDIANAPOLIS	16 May 2018
28,09-58,50-1,29,26-2,00,25-2,31,11-3,02,50-3,33,71-4,04,88-4,35,86-5,06,82-5,37,52-6,08,29-6,39,28-7,10,13-7,40,88-8,11,70-8,42,52-9,13,20-9,43,96-10,14,83-10,45,43-11,16,15-11,47,05-12,17,94-12,48,62-13,19,43-13,50,27-14,20,71-14,51,26					
ASIA	15,41,49	WANG JIANJIAHE	CHN	TOKYO	26 July 2021
28,59-59,49-1,30,50-2,01,62-2,32,83-3,04,09-3,35,40-4,06,76-4,38,38-5,09,93-5,41,48-6,12,97-6,44,49-7,16,11-7,47,65-8,19,10-8,50,57-9,22,27-9,53,86-10,25,78-10,57,35-11,29,26-12,00,93-12,32,70-13,04,39-13,36,04-14,07,88-14,39,84-15,11,40-15,41,49					
EUROPE	15,38,88	FRIIS LOTTE	DEN	BARCELONA	30 July 2013
28,39-59,15-1,29,64-2,00,71-2,31,58-3,02,86-3,34,00-4,05,26-4,36,46-5,07,97-5,39,10-6,10,68-6,42,14-7,13,98-7,45,31-8,17,16-8,48,73-9,20,47-9,52,03-10,23,61-10,55,09-11,26,85-11,58,33-12,30,11-13,01,67-13,33,54-14,04,92-14,36,54-15,08,13					
OCEANIA	15,40,14	BOYLE LAUREN	NZL	KAZAN	04 August 2015
29,41-1,00,84-1,32,40-2,03,79-2,35,26-3,06,85-3,38,36-4,09,91-4,41,36-5,12,63-5,44,04-6,15,48-6,46,72-7,17,93-7,49,31-8,20,62-8,51,91-9,23,39-9,54,72-10,26,05-10,57,50-11,29,02-12,00,62-12,32,05-13,03,49-13,35,12-14,06,84-14,38,22-15,09,62					

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RECORD CONTINENTALI VASCA LUNGA - FEMMINILI WOMEN'S CONTINENTAL LONG COURSE RECORDS (In giallo i records del mondo - In yellow the World Records)

50 DORSO - BACKSTROKE - ESPALDA

AFRICA	28,08	COVENTRY KIRSTY	ZIM	MONTECARLO	14 June 2015
AMERICA	27,14	MEDEIROS ETIENE	BRA	BUDAPEST	27 July 2017
ASIA	26,98	LIU XIANG	CHN	JAKARTA	21 August 2018
EUROPE	27,10	TOUSSAINT KIRA	NED	EINDHOVEN	10 April 2021
OCEANIA	27,16	MCKEOWN KAYLEE	AUS	SYDNEY	16 May 2021

100 DORSO - BACKSTROKE - ESPALDA

AFRICA	58,77 28,86	COVENTRY KIRSTY	ZIM	BEIJING	11 August 2008
AMERICA	57,57 27,74	SMITH REGAN	USA	GWANGJU	28 July 2019
ASIA	58,70 28,77	TERAKAWA AYA	JPN	BARCELONA	04 August 2013
EUROPE	58,08 28,23	DAWSON KATHLEEN	GBR	BUDAPEST	23 May 2021
OCEANIA	57,45 28,10	MCKEOWN KAYLEE	AUS	ADELAIDE	13 June 2021

200 DORSO - BACKSTROKE - ESPALDA

AFRICA	2,04,81 29,44-1,00,91-1,32,81	COVENTRY KIRSTY	ZIM	ROME	01 August 2009
AMERICA	2,03,35 29,06-1,00,37-1,31,84	SMITH REGAN	USA	GWANGJU	26 July 2019
ASIA	2,06,46 30,40-1,03,13-1,36,01	ZHAO JING	CHN	GUANGZHOU	14 November 2010
EUROPE	2,04,94 30,23-1,02,21-1,33,58	ZUEVA ANASTASIJA	RUS	ROME	01 August 2009
OCEANIA	2,04,28 29,24-1,00,54-1,32,30	MCKEOWN KAYLEE	AUS	ADELAIDE	17 June 2021

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RECORD CONTINENTALI VASCA LUNGA - FEMMINILI WOMEN'S CONTINENTAL LONG COURSE RECORDS (In giallo i records del mondo - In yellow the World Records)

50 RANA - BREASTSTROKE - BRAZA

AFRICA	30,32	SCHOENMAKER TATJANA	RSA	GQEBERHA	07 April 2021
AMERICA	29,40	KING LILLY	USA	BUDAPEST	30 July 2017
ASIA	30,46	CHEN HUIJIA	CHN	HONG KONG	06 December 2009
EUROPE	29,30	PILATO BENEDETTA	ITA	BUDAPEST	22 May 2021
OCEANIA	30,16	KATSOU LIS SARAH	AUS	ROME	02 August 2009

100 RANA - BREASTSTROKE - BRAZA

AFRICA	1,04,82 30,21	SCHOENMAKER TATJANA	RSA	TOKYO	25 July 2021
AMERICA	1,04,13 29,80	KING LILLY	USA	BUDAPEST	25 July 2017
ASIA	1,05,32 30,71	JI LIPING	CHN	BEIJING	29 August 2009
EUROPE	1,04,35 29,97	MEILUTYTĖ RŪTA	LTU	BARCELONA	29 July 2013
OCEANIA	1,05,09 30,83	JONES LEISEL	AUS	MELBOURNE	20 March 2006

200 RANA - BREASTSTROKE - BRAZA

AFRICA	2,18,95 31,64-1,07,06-1,42,48	SCHOENMAKER TATJANA	RSA	TOKYO	30 July 2021
AMERICA	2,19,59 32,49-1,08,10-1,43,95	SONI REBECCA	USA	LONDON	02 August 2012
ASIA	2,19,65 32,54-1,07,93-1,43,76	KANETŌ RIE	JPN	TOKYO	09 April 2016
EUROPE	2,19,11 31,80-1,07,27-1,42,89	PEDERSEN RIKKE MØLLER	DEN	BARCELONA	01 August 2013
OCEANIA	2,20,54 32,19-1,08,52-1,45,02	JONES LEISEL	AUS	MELBOURNE	01 February 2006

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RECORD CONTINENTALI VASCA LUNGA - FEMMINILI WOMEN'S CONTINENTAL LONG COURSE RECORDS (In giallo i records del mondo - In yellow the World Records)

50 FARFALLA - BUTTERFLY - MARIPOSA

AFRICA	25,39	OSMAN FARIDA	EGY	BUDAPEST	29 July 2017
AMERICA	25,48	WORRELL KELSI	USA	BUDAPEST	29 July 2017
ASIA	25,11	IKEE RIKAKO	JPN	CANET-EN-ROUSSILL	10 June 2018
EUROPE	24,43	SJÖSTRÖM SARAH	SWE	BORÅS	05 July 2014
OCEANIA	25,47	CAMPBELL CATE	AUS	GOLD COAST	01 March 2018

100 FARFALLA - BUTTERFLY - MARIPOSA

AFRICA	57,67 26,56	GALLAGHER ERIN	RSA	DURBAN	10 April 2019
AMERICA	55,59 26,50	MACNEIL MARGARET	USA	TOKYO	26 July 2021
ASIA	55,62 25,76	ZHANG YUFEI	CHN	QINGDAO	29 September 2020
EUROPE	55,48 26,01	SJÖSTRÖM SARAH	SWE	RIO DE JANEIRO	07 August 2016
OCEANIA	55,72 26,16	MCKEON EMMA	AUS	TOKYO	26 July 2021

200 FARFALLA - BUTTERFLY - MARIPOSA

AFRICA	2,09,41 29,20-1,02,32-1,35,74	MEAKLIM KATHRYN	RSA	BELJING	12 August 2008
AMERICA	2,04,14 28,58-1,00,91-1,32,28	DESCENZA MARY	USA	ROME	29 July 2009
ASIA	2,01,81 27,19-58,08-1,30,20	LIU ZIGE	CHN	JINAN	21 October 2009
EUROPE	2,04,27 28,71-1,00,71-1,32,78	HOSSZÚ KATINKA	HUN	ROME	29 July 2009
OCEANIA	2,03,41 28,21-1,00,25-1,32,23	SCHIPPER JESSICAH	AUS	ROME	30 July 2009

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200 MISTI - INDIVIDUAL MEDLEY - ESTILOS

AFRICA	2,08,59	COVENTRY KIRSTY	ZIM	BEIJING	13 August 2008
	28,47-1,00,16-1,38,27				
AMERICA	2,06,15	KUKORS ARIANA	USA	ROME	27 July 2009
	27,72-59,24-1,36,31				
ASIA	2,07,57	YE SHIWEN	CHN	LONDON	31 July 2012
	28,25-1,00,83-1,38,25				
EUROPE	2,06,12	HOSSZÚ KATINKA	HUN	KAZAN	03 August 2015
	27,30-58,94-1,35,64				
OCEANIA	2,07,03	RICE STEPHANIE	AUS	ROME	27 July 2009
	27,32-59,27-1,36,70				

400 MISTI - INDIVIDUAL MEDLEY - ESTILOS

AFRICA	4,29,89	COVENTRY KIRSTY	ZIM	BEIJING	10 August 2008
	29,50-1,02,75-1,36,32-2,09,50-2,48,24-3,28,46-3,59,79				
AMERICA	4,31,12	HOFF KATIE	USA	OMAHA	29 June 2008
	30,10-1,03,69-1,39,16-2,13,33-2,50,78-3,28,65-3,59,66				
ASIA	4,28,43	YE SHIWEN	CHN	LONDON	28 July 2012
	28,85-1,02,19-1,37,53-2,11,73-2,50,53-3,29,75-3,59,50				
EUROPE	4,26,36	HOSSZÚ KATINKA	HUN	RIO DE JANEIRO	06 August 2016
	28,33-1,00,91-1,35,01-2,08,39-2,45,62-3,24,50-3,55,68				
OCEANIA	4,29,45	RICE STEPHANIE	AUS	BEIJING	10 August 2008
	28,66-1,01,47-1,36,17-2,09,83-2,48,12-3,27,25-3,58,92				

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RECORD CONTINENTALI VASCA LUNGA - FEMMINILI WOMEN'S CONTINENTAL LONG COURSE RECORDS (In giallo i records del mondo - In yellow the World Records)

STAFFETTA 4X100 STILE LIBERO - FREESTYLE RELAY - RELEVO LIBRE

AFRICA	3,40,29	KWAZULU NATAL	RSA	GQEBERHA	10 April 2021
CANNY Aimee - CHELIUS Emma - GALLAGHER Erin - MEDER Rebecca					
AMERICA	3,31,02	NATIONAL TEAM	USA	GWANGJU	21 July 2019
COMERFORD Mallory - WEITZEIL Abbey - WORRELL DAHLIA Kelsi - MANUEL Simone					
ASIA	3,34,76	NATIONAL TEAM	CHN	TOKYO	25 July 2021
CHENG Yujie - ZHU Menghui - AI Yanhan - WU Qingfeng					
EUROPE	3,31,72	NATIONAL TEAM	NED	ROME	26 July 2009
DEKKER Inge - KROMOWIDJOJO Ranomi - HEEMSKERK Femke - VELDHUIS Marleen					
OCEANIA	3,29,69	NATIONAL TEAM	AUS	TOKYO	25 July 2021
CAMPBELL Bronte - HARRIS Meg - MCKEON Emma - CAMPBELL Cate					

STAFFETTA 4X200 STILE LIBERO - FREESTYLE RELAY - RELEVO LIBRE

AFRICA	8,01,56	NATIONAL TEAM	RSA	TOKYO	28 July 2021
CANNY Aimee - MEDER Rebecca - COETZEE Dune - GALLAGHER Erin					
AMERICA	7,40,73	NATIONAL TEAM	USA	TOKYO	29 July 2021
SCHMITT Allison - MADDEN Paige - MC LAUGHLIN Kathryn - LEDECKY Kathleen					
ASIA	7,40,33	NATIONAL TEAM	CHN	TOKYO	29 July 2021
YANG Junxuan - TANG Muhan - ZHANG Yufei - LI Bingjie					
EUROPE	7,45,51	NATIONAL TEAM	GBR	ROME	30 July 2009
JACKSON Joanne - CARLIN Jazmin - MC CLATCHEY Caitlin - ADLINGTON Rebecca					
OCEANIA	7,41,29	NATIONAL TEAM	AUS	TOKYO	29 July 2021
TITMUS Ariarne - MCKEON Emma - WILSON Madison - NEALE Leah					

STAFFETTA 4X100 MISTA - MEDLEY RELAY - RELEVO ESTILOS

AFRICA	4,01,92	KWAZULU NATAL	RSA	GQEBERHA	12 April 2021
MEDER Rebecca - SCHOENMAKER Tatjana - GALLAGHER Erin - CANNY Aimee					
AMERICA	3,50,40	NATIONAL TEAM	USA	GWANGJU	28 July 2019
SMITH Regan - KING Lilly - WORRELL DAHLIA Kelsi - MANUEL Simone					
ASIA	3,52,19	NATIONAL TEAM	CHN	ROME	01 August 2009
ZHAO Jing - CHEN Huijia - JIAO Liuyang - LI Zhesi					
EUROPE	3,53,38	NATIONAL TEAM	RUS	BUDAPEST	30 July 2017
FESIKOVA Anastasija - EFIMOVA Yulija - ČIMROVA Svetlana - POPOVA Veronika					
OCEANIA	3,51,60	NATIONAL TEAM	AUS	TOKYO	01 August 2021
McKEOWN Kaylee - HODGES Chelsea - McKEOWN Emma - CAMPBELL Cate SEEBOHM Emily - KATSOU LIS Sarah - SCHIPPER Jessicah - TRICKETT Lisbeth					